



**THE PTA of MCA**  
**ANNUAL FOOD DRIVE**  
NOVEMBER 10<sup>TH</sup> – NOVEMBER 21<sup>ST</sup>

Please help us make the holidays a little bit brighter for local families in need!

Starting the week of November 10<sup>th</sup>, the PTA of MCA will be collecting donations for Common Heart.

- Each Grade / House / Middle School Moral Focus Virtue will be assigned specific items to collect.
- Basic Needed items will count for one point. Premium Needed items will count for two points.
- The K-2<sup>nd</sup>, 3<sup>rd</sup>-5<sup>th</sup> and Middle School (6<sup>th</sup>-8<sup>th</sup>) classes that collect the most points will get to eat their lunches in the cafeteria on a future Monday date (date TBD).
- Donation collection boxes will be in each classroom. Donations will be tallied by Monday, November 24<sup>th</sup>
- Winning classes will be announced via classroom and PTA website.

## KINDERGARTEN

BASIC NEED	PREMIUM NEED
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canned cream soups

ALMOND BUTTER

BASIC NEED	PREMIUM NEED
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canned vegetables

BASIC NEED	PREMIUM NEED
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cereal

BASIC NEED	PREMIUM NEED
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PASTA

SEEDS  
(PUMPKIN/FLAX/SUNFLOWER)

## 3RD GRADE

BASIC NEED	PREMIUM NEED
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RICE

OATMEAL

BASIC NEED	PREMIUM NEED
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CANNED BEANS

BASIC NEED	PREMIUM NEED
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NUTS  
(ANY KIND)

TOMATO SAUCE

PEANUT BUTTER

## RAVENCLAW

(5<sup>th</sup> Grade)

BASIC NEED	PREMIUM NEED
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Macaroni & cheese

PROTEIN DRINKS  
(non-refrigerated)

BASIC NEED	PREMIUM NEED
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CANNED CHICKEN  
NOODLE SOUP

BASIC NEED	PREMIUM NEED
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GLUTEN FREE CEREAL

CANNED RAVIOLI OR  
SPAGHETTI

JELLY

## HUFFLEPUFF

(5<sup>th</sup> Grade)

## GRYFFINDOR

(5<sup>th</sup> Grade)



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## **INTEGRITY**

*(DiMaggio)*

BASIC NEED	PREMIUM NEED
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Dry Beans  
(Kidney, Black, Pinto)  
Peanut Butter  
(No Sugar Added)

BASIC NEED	PREMIUM NEED
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Canned Vegetables  
(No Salt Added)  
Cheerios

BASIC NEED	PREMIUM NEED
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Chickpeas / Lentils  
Shredded Wheat  
Cereal

## **RESPECT**

*(Sewell)*

BASIC NEED	PREMIUM NEED
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Canned Fruit  
(No Sugar Added)  
Canned Chicken  
(in Water)

BASIC NEED	PREMIUM NEED
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Canned Tomatoes  
Special K

BASIC NEED	PREMIUM NEED
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Canned Beans  
(Low Sodium)  
Bran Flakes

## **COURAGE**

*(Whitener)*

BASIC NEED	PREMIUM NEED
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Whole Wheat Pasta  
Canned Tuna  
(in Water)

BASIC NEED	PREMIUM NEED
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Brown Rice  
Low Sugar Oatmeal

BASIC NEED	PREMIUM NEED
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Canned Soup  
(Broth Based)  
Fiber One

## **ENCOURAGEMENT**

*(Vankirk)*

BASIC NEED	PREMIUM NEED
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Fiber One

## **SELF CONTROL**

*(Silaparasetty)*